



Resurrexit

Kilmeague, Naas, Co. Kildare.

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Autumn Programme, 2011

Adoration of the Blessed Sacrament on

Mondays, 11am to 3.30pm,

except for Bank Holidays.

Starting in October

All are welcome

A healing service, centered on the Mass, takes place on the 3rd Monday of each month, starting on Monday the 19th of September, and the celebrant will be Fr. Jack Finnegan.

Prayer Ministry is available in Resurrexit and counselling and psychotherapy can be arranged with qualified members of the Resurrexit Community.

If you would like to email your email address to us, we can send you a reminder of the workshops, etc., a week before they start!

For further information please ring Jerry & Mary Carbery at (059) 8631869 or (087) 6825407

All of these events are being hosted by the Resurrexit Community.

CENTERING PRAYER - CONTEMPLATIVE PRAYER

“But when you pray, go to your private room and, when you have shut your door, pray to your Father who is in that secret place, and your Father who sees all that is done in secret will reward you.”
Matthew 6:6

We may think of prayer as thoughts or feelings expressed in words, but this is only one expression. In the Christian tradition, contemplative prayer is the opening of the mind and heart - our whole being - to God, who is the Ultimate Mystery, beyond thoughts, words and emotions. Through grace we open our awareness to God, whom we know by faith, is within us, closer than breathing, closer than thinking, closer than choosing - closer than consciousness itself.

Centering prayer is designed to facilitate the renewal of contemplative prayer, which is a fundamental part of our human nature, and so is available to every human being, under the inspiration of The Spirit.

A group of us are meeting in Resurrexit, for ‘Centering Prayer’, based on the book ‘Open Mind, Open Heart’ by the Cistercian monk, Father Thomas Keating, and we extend an open invitation to anyone who would like to join us.

Facilitated by Jerry Carbery.

The meetings are on the first and third Wednesdays of each month, at 8pm.

Donations towards the upkeep of Resurrexit welcomed.

“AN IMAGE SPEAKS A THOUSAND WORDS”

This experiential workshop run over two evenings will provide participants with the opportunity to explore their own creativity, images and symbols, as a means for greater personal awareness and insight. It is designed for anyone who wishes to experience the benefits of a non-verbal approach that can provide a deeper understanding and wider perspective on our journey.

No previous artistic experience is necessary and an exploratory non-judgemental approach will be encouraged in the safety of an open and accepting atmosphere and setting.

Friday, September 30th, at 8pm

Thursday, October 6th, at 8pm

No booking required, all are welcome.

Suggested donation €10 for each evening

Facilitator:

Pauline Macey, MSc Family Counselling, Dip ADT, Dip Fine Art, Dip Colour Therapy, Dip Holistic Massage.

Pauline has been a facilitator and trainer in the field of Counselling and Psychotherapy since 1992. She is also an artist whose paintings have been exhibited widely.

EXPLORING SUNDAY MASS READINGS -

IN THE MORNING TIME.

This is an invitation to join with others on Thursday mornings, from 10am to 11.30am, in Resurrexit, to read and discuss what you think God is saying to us, through the readings of the following Sundays Mass.

These mornings will be facilitated by Bernie Doran, who is a member of the Resurrexit Community.

All are welcome for one or for all of the mornings which start on Thursday, October 6th through to Thursday, December 15th.

No booking necessary, just arrive,

donations towards the upkeep of Resurrexit welcomed.

For further information ring Bernie at (087) 7858939

A SPIRITUALITY OF TRANSFORMATION

This will be the theme of 3 workshops to be given by Fr. Jim Cogley - and the main topics are:

- Remembering who we are
- Claiming our true identity
- Re-discovering our spiritual heritage
- If it is love that creates us, then love is who we are

Fr. Jim is a well known speaker, a psychotherapist, an author and a woodturner.

The workshop dates are Friday, 14th October at 8pm
 Friday, 21st October at 8pm
 Friday, 28th October at 8pm

All are welcome to one or all of the workshops.

- No booking required -

Suggested donation €10 for each evening

NEW BEGINNINGS FOR MEN

A new and better male is slowly emerging out of the ashes of our Western toxic culture towards men.

We extend an invitation to both men and women to an evening of reflection and discussion on:

- What is happening today to the mens movement
- The various men's groups that are being formed all over Ireland
- How these groups came to be
- What are their key issues
- The effect these groups may have for the betterment of society.

All are welcome, no booking required.

On Wednesday, 26th October, 8-10pm.

Facilitated by Gerry Moore and George Kearns

Both of whom are founding members of MALE's Ireland, which is a movement dedicated to the development and support of men on their journey to fulfillment and mature manhood. The mission of MALE's Ireland is to direct men in life long spiritual learning, to encourage them to be true elders and to promote training and developmental activities for them.

Suggested donation €10

SPIRITUAL FREEDOM

“Freedom’s just another word for nothing left to lose”

Kris Kristoffeson

Join John Kelly on his journey to freedom through song and story, knowing that it is God’s will for all of us to experience “the glorious freedom of the children of God”

on 2 Friday evenings, the 4th and 11th of November at 8pm

All are welcome for one or both evenings.

John is married to Madeleine and they live in County Laois with their two beautiful daughters Isabelle and Grace. John has spent many years teaching and preaching. He has retired from farming and now works part-time in the De La Salle Pastoral Centre in Castletown.

“Where the Spirit of God is, there is freedom.”

Suggested donation €10 for each evening.

No booking required, just come along and enjoy the evening.

THE TOW HALVES OF LIFE

An evening of reflection and discussion on the following topics:

- Life is a game of two halves
- The tactics and strategies of the first half of life are ineffective and inappropriate for the second half of life
- An outline of our journey through life and an exploration of the different aspects and characteristics of the two halves of the spiritual journey.
- An understanding of the stages of life and the many dimensions to them
- A recognition that the failures and disappointments of life can be stepping stones to the spiritual joys of the second half of life.
- Allowing ourselves to be motivated towards a more mature and healthy spirituality

Wednesday, 9th November, 8-10pm

The evening will be facilitated by George Kearns

All are welcome - no booking required

Suggested donation €10

STARTER KIT FOR SELF CARE

This seminar is a great opportunity to take time out to discuss and reflect on the different aspects of self care and begin to bring more quality to your life. The topics will include:

- Achieving balance in your life
- Managing feelings
- Dealing with negative moods
- Coping with stress and its effects
- Looking after your body, mind and spirit
- Nurturing growth and quality of life

Life is fragile, handle with care.

Tuesday, 15th November, 8-10pm

Facilitator - George Kearns

All are welcome - no booking required

Suggested donation €10

THE WISDOM PATH

- SUPPORTING SEEKERS -

“If enough of us walk the wisdom path we will heal the world”

Such will be the flavour of three workshops to be given by

Fr. Jack Finnegan on

Fridays the 18th & 25th of November and Friday 2nd December
at 7.45pm

All are welcome, no booking required.

Donations towards overheads appreciated

Jack is a well known teacher of spirituality, as well as an author, psychotherapist and spiritual director.

MAN'S TRUE GREATNESS

Men are invited to experience for themselves

- their nobility and greatness
- what they need to grow into maturity
- what they need to be aware of in order to experience the freedom of being fully mature

An experiential day of reflection, discussion and ritual for men

Facilitated by: Gerry Moore and George Kearns

Both have worked with men for several years and are founder members of
MALEs Ireland

Saturday, 3rd of December, 10am to 4pm

Suggested donation €20

All men are welcome - no booking necessary

The course will include guided discussion and rituals that speak to the inner core of men.

It will help them discover their inner selves, to explore in detail the various components of the masculine psyche which, in turn, will help them become comfortable in their masculinity, become great fathers and wise mentors.

“A young man who can't cry is a savage: An old man who can't laugh is a fool.”

Please bring your own lunch.

Cooking facilities available in Resurrexit

Food counter in local shop

Bar food 10 minutes drive.

AN INTRODUCTION TO THE REAL SELF**USING THE ENNEAGRAM AS A PATHWAY**

Real self knowledge is the key to the mystery of our true identity and contentment.

Becoming aware of the many masks we wear, makes us more authentic.

Find out the two types of self that regulate any personality and behaviour every day - true self (grounded) and false self (self centred)

Waking up to our true selves, can be a miraculous unfolding of beauty and joy.

This workshop will be facilitated by George Kearns using the Enneagram system as a tool of discovery and transformation, with discussions, questionnaires, and the use throughout of song and music.

In Resurrexit on Friday December 9th, 8 - 10pm.

All are welcome - no booking required

Suggested donation €10

DIRECTIONS TO RESURREXIT

From the M7 Motorway, come off at junction 10, follow the signposts for Rathangan and drive for 5½ miles before turning right at the signpost for Resurrexit; drive a further 1¼ miles and Resurrexit is signposted on the right hand side. Coming from other directions, make your way to Kilmeague Village which is 6 miles north of Naas, and at the cross roads in the centre of the village, take the south road signposted “Naas” & “Resurrexit” and Resurrexit is ⅓ of a mile down on the left-hand side, and is signposted.

WEB SITE

**We have started to build a website at
www.resurrexit.ie**

SCHEDULE

Mon	19th Sept	Healing Service	8pm
Wed	21st Sept	Centering Prayer	8pm
Fri	30th Sept	“An Image Speaks a Thousand Words”	8pm
Mon	3rd Oct	Adoration	11am-3.30pm
Wed	5th Oct	Centering Prayer	8pm
Thur	6th Oct	Exploring Sunday Readings	10am
Fri	7th Oct	“An Image Speaks a Thousand Words”	8pm
Mon	10th Oct	Adoration	11am-3.30pm
Thur	13th Oct	Exploring Sunday Readings	10am
Fri	14th Oct	A Spirituality of Transformation	8pm
Mon	17th Oct	Adoration Healing Service	11am-3.30pm 8pm
Wed	19th Oct	Centering Prayer	8pm
Thur	20th Oct	Exploring Sunday Readings	10am
Fri	21st Oct	A Spirituality of Transformation	8pm
Mon	24th Oct	Adoration	11am-3.30pm
Wed	26th Oct	New Beginnings for Men	8pm
Thur	27th Oct	Exploring Sunday Readings	10am
Fri	28th Oct	A Spirituality of Transformation	8pm
Mon	31st Oct	Adoration	11am-3.30pm
Wed	2nd Nov	Centering Prayer	8pm
Thur	3rd Nov	Exploring Sunday Readings	10am
Fri	4th Nov	Spiritual Freedom	8pm

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Mon	7th	Nov	Adoration	11am-3.30pm
Wed	9th	Nov	The Two Halves of Life	8pm
Thur	10th	Nov	Exploring Sunday Readings	10am
Fri	11th	Nov	Spiritual Freedom	8pm
Mon	14th	Nov	Adoration	11am-3.30pm
Tue	15th	Nov	Starter Kit for Self Care	8pm
Wed	16th	Nov	Centering Prayer	8pm
Thur	17th	Nov	Exploring Sunday Readings	10am
Fri	18th	Nov	The Wisdom Path	7.45pm
Mon	21st	Nov	Adoration Healing Service	11am-3.30pm 8pm
Thur	24th	Nov	Exploring Sunday Readings	10am
Fri	25th	Nov	The Wisdom Path	7.45pm
Mon	28th	Nov	Adoration	11am-3.30pm
Thur	1st	Dec	Exploring Sunday Readings	10am
Fri	2nd	Dec	The Wisdom Path	7.45pm
Sat	3rd	Dec	Man's True Greatness	10am to 4pm
Mon	5th	Dec	Adoration	11am-3.30pm
Wed	7th	Dec	Centering Prayer	8pm
Thur	8th	Dec	Exploring Sunday Readings	10am
Fri	9th	Dec	Introduction to the Real Self	8pm
Mon	12th	Dec	Adorations	11am-3.30pm
Thur	15th	Dec	Exploring Sunday Readings	10am
Mon	19th	Dec	Adoration Healing Service	11am-3.30pm 8pm