



Resurrexit

*Centre for
Human and Spiritual
Development*

Spring / Summer Programme 2024

Kilmeague, Naas, Co. Kildare.

Postal Code: **W91Y2WK**

Email: **resurrexitcommunity@gmail.com**

Website: **www.resurrexit.ie**

Telephone: **087-6825407**

Directions to Resurrexit

Use the above Postal Code on Google Earth, or:

Coming off the M7 at exit 10, take the Rathangan Road and drive north for about 8K or 5 miles, Then turn right at the sign for Resurrexit and then travel for 1 mile to Resurrexit on the right hand side.

Coming from the other direction, from the North, go to Kilmeague Village, and at the cross roads take the south road as indicated by the Resurrexit sign, and your destination is a half kilometer down that road after a sharp bend.

If you lose your way, ring the above number and we will guide you in.

HEALING SERVICE

Our healing service will be on the 3rd Monday of each of the following months in Resurrexit

Monday 15th January at 8 pm

Monday 19th February at 8 pm

Monday 18th March at 8 pm

Monday 15th April at 8 pm

Monday 20th May at 8 pm

We hope to be in the position to celebrate Mass on each Monday above, and to receive the Sacrament of the Sick, and if not we will sing hymns of praise, and members of the Community will share on the readings of the day and pray for healing with the laying on of hands and blessing with blessed oil.

All are welcome.

COMING TOGETHER TO PRAISE GOD

If you would like to be part of the group who meet in Resurrexit to learn how to praise God, please ring Nicholas and Maureen: **at 086-852 1879** or email them at kearynicholas@gmail.com for times of meetings etc.

HEALING MIND BODY AND SOUL THROUGH THE HOLY SPIRIT

Feelings of fear, hurt, shame and self re-rejection are often echoes of difficult experiences from our earlier years. Yet the power of the Holy Spirit can free us from our past by enlightening and transforming our suffering.

In these two workshops you will be guided by the Holy Spirit to deep healing through body work, movement, meditation, prayer and reflection. For your comfort bring a blanket and pillow.

1st workshop Saturday 27th January 10am to 4 pm

Suggested donation € 40

2nd workshop Saturday 2nd March 10am to 4 pm

Suggested donation € 40

These two workshops in Resurrexit will be facilitated by Paul Bradley who is a Psychotherapist and Group Facilitator

Please bring your lunch, cooking facilities available, deli counter nearby, tea etc provided

NOIRIN NI RIAIN, SINGER, WRITER, TEACHER AND THEOLOGIAN

Noirin, who is well known for her work with the monks in Glenstal Abbey, will help us in this workshop to explore, with poetry, song and visuals, the richness of this season both from the Christian and Celtic calendars. We will explore

the ancient Celtic feast of Imbolic, and we will learn from the wisdom of one of our Patron saints, St. Brigit. The day before this workshop is the feast of the Presentation of the Lord in the temple by Mary, his mother, and is known as Candlemas Day. So the day of the workshop is the feast of St. Blaise, patron saint of throats, and so we invite you to have your own candle and matches ready when together we will have a ritual of blessing our own throats, and the lights of the candles will celebrate our sacred time together. Noirin will be sharing from her own experience, and there will be time for discussion and comments.

Saturday 3 February, 11.00am to 12.30 pm, on zoom only.

All are welcome.

For zoom details email Grace on resurrexitcommunity@gmail.com or ring her at 086-8161043, or ring Eileen at 087-2160126

Suggested donation € 15

BOOKS THAT INSPIRE

In this zoom workshop which will be given by Grace Walsh, who is a member of the Resurrexit Community, Grace will talk about some books which inspire her, and their link to Scripture. All are welcome.

Friday 9th February, on zoom only, at 8 pm.

Suggested donation € 15

For zoom details please email Grace at resurrexitcommunity@gmail.com, or ring her at 086-8161043. Alternatively ring Eileen at 087-2160126

BOOKS TO BORROW

We have a large selection of books in our library, all available to be borrowed free of charge, only to be returned when you have finished reading them. Just register your name and telephone number, and the title of the books you are borrowing, on the register sheet. If you have any books you think may be of interest to others, we would be delighted to add them to our library.

FINDING GOD FINDING ME

This will be the topic for the workshop to be given by Denis Gleeson CFC On Saturday the 17th of February, 10am to 2.30 pm on zoom only.

For zoom details email Grace at resurrexitcommunity@gmail.com or ring her at 086-8161043 or ring Eileen at 087-2160126

Suggested donation € 40, all are welcome

IF YOU WISH TO TALK, WE HAVE TIME TO LISTEN

The Resurrexit Community are offering a support service
on an individual basis.

For further information and to make an appointment.

Please ring **Tony at 087-256 2172**. The conversation will be on zoom.

COULD THIS BE THE GOSPEL TRUTH ?

This presentation examines the Word of God in our lives. Based in part on Richard Rohr's "Things Hidden" (Scripture as Spirituality), Nicholas Keary, a member of the Resurrexit Community, will draw out a number of key themes which will help us to experience Scripture in a new and exciting way.

Friday 23rd February at 8 pm, on zoom only.

For zoom details please email Grace at resurrexitcommunity@gmail.com, or ring her at 086-8161043. Alternatively ring Eileen at 087-2160126. Suggested donation € 15. All are welcome.

ADORATION

Eucharistic adoration will take place in Resurrexit on
Mondays from the 15th of January to the 13th of May
inclusive, except on Church holydays or bank holidays,
from 10.30 am to 12.30 pm. All are welcome at any time.

HEALING MIND BODY AND SOUL THROUGH THE HOLY SPIRIT

Feelings of fear, hurt, shame and self re-rejection are often echoes of difficult experiences from our earlier years. Yet the power of the Holy Spirit can free us from our past by enlightening and transforming our suffering.

In these two workshops you will be guided by the Holy Spirit to deep healing through body work, movement, meditation, prayer and reflection. For your comfort bring a blanket and pillow.

1st workshop Saturday 27th January 10am to 4 pm

Suggested donation € 40

2nd workshop Saturday 2nd March 10am to 4 pm

Suggested donation € 40

These two workshops in Resurrexit will be facilitated by Paul Bradley who is a Psychotherapist and Group Facilitator

Please bring your lunch, cooking facilities available, deli counter nearby, tea etc provided

SUNDAY QUIET TIME

We invite you to join with a group who meet in Resurrexit.
every Sunday morning at 9 am.

For less than an hour to meditate, to share readings, and for reflection.

You are welcome to join us on any Sunday morning.

For more information, please ring **Tony at 087-256 2172.**

INTERNATIONAL WOMENS DAY 2024

We invite you to join with us in celebrating International Women`s Day in Resurrexit on

Friday 8th March from 10am to 1 pm. No booking required

With Sacred Dance, Poetry, Literature, Story Telling and more.

For further information ring Eileen at 087-2592525

Suggested donation € 10

EXPLORING THE DYNAMICS OF DEPRESSION

This will be the topic of Fr. Jim Cogley`s workshops on

two Friday evenings, the 8th and the 15th of March, and will be in Resurrexit and on zoom, at 8 pm.

All are welcome to one or to both evenings.

For zoom details email Grace at resurrexitcommunity@gmail.com, or ring her at 086-8161043. Alternatively ring Eileen at 087-2160126.

Suggested donation €15

RECOGNISING OUR CONTROLLING BEHAVIOUR

This will be the topic of Fr. Jim Cogley`s workshop at

8 pm on Friday the 22nd March,

in Resurrexit and on zoom, and all are welcome. For zoom details email Grace at resurrexitcommunity@gmail.com, or ring her at 086-8161043. Alternatively ring Eileen at 087-2160126. Suggested donation € 15.

ANNUAL GATHERING OF MEN

Our annual gathering for men will take place on

Easter Saturday 30th March

Facilitated by Fr. Jack Finnegan in Resurrexit and also on zoom. Coffee from 10.30 for 11am start, and finishing at 4.30. No booking necessary, just arrive. Bring your Lunch, cooking facilities available, Deli counter and bar food nearby. For zoom details etc please email Grace at: resurrexitcommunity@gmail.com, or ring her at 086-8161043, or ring Eileen at 087-2160126

Donations towards overheads appreciated

TRANSITIONS, CHANGES, THROUGHOUT LIFE

In this workshop Joey Feely will take us through the process of transitions and changes as they apply to key moments in our life. He will show how every transition begins with an ending, becomes a neutral period and then a new beginning. People will be led in exercises to notice key transitions in their lives.

Saturday 6th April 10am to 4 pm,

in Resurrexit and on zoom, suggested donation €40

Please bring your lunch, cooking facilities available, and deli counter and bar food nearby. Tea and coffee provided.

For zoom details and on how to donate, please email Grace at resurrexitcommunity@gmail.com or ring her at 086-8161043 or ring Eileen 087-2592525

SEEKING STILLNESS? HELP IS ON THE WAY

On two Friday evening workshops, Fr. Jack Finnegan will assist us on our inner journey, when he will share and answer questions from the well of experience and knowledge he has discovered during his many hours of sitting and learning.

Friday 12th April 8 pm on zoom only

Friday 19th April 8 pm on zoom only

All are welcome to one or to both evenings.

For zoom details please email Grace at resurrexitcommunity@gmail.com, or ring her at 086-8161043. or alternatively ring Eileen at 087-2160126. Donations appreciated.

CENTERING/CONTEMPLATIVE PRAYER

We invite you to join with us on ZOOM.

Wednesday evenings at 8 to 9.30 pm.

when we share our thoughts on a passage of scripture, and finish by sitting for 20 minutes of centering/contemplative prayer and intercessory prayer.

The zoom meeting number is 71603514907 and the password is Ressie (capital R)

All are welcome.

THE POWER OF REGRETS

During this workshop Joey Feely will lead us in the core regrets that people feel as they mature in life. He will show ways that these regrets may help us to make better decisions and so alter the outcome of our future. He will lead us in exercises to discover our regrets and deal with them in a healthy way.

Saturday 27th April 10am to 4 pm

live in Resurrexit, and on zoom, suggested donation € 40

Please bring your lunch, cooking facilities available in Resurrexit, deli counter and bar food nearby, tea & coffee provided.

For zoom details please email Grace at resurrexitcommunity@gmail.com or ring her at 086-8161043, or ring Eileen at 087-2592525

AN AFTERNOON OF PRAISE

We invite you to an afternoon of praise, scripture sharing and testimony on the joy of the gospel, which will be facilitated by the Resurrexit Praise Group led by Maureen, Nicholas and Paddy.

On Saturday 11th May from 2 pm to 4.30pm,

All are welcome.

Donations towards upkeep of Resurrexit always appreciated

WALKING BACKWARDS INTO THE FUTURE

Retreat in Ballyvalloo

The above is the theme for our retreat at Ballyvalloo Retreat Centre, Co. Wexford

Directed by Fr. Jim Cogley and Luba Rodzhuk

Starting at 6 pm on

Tuesday the 1st of October and finishing after lunch at 2 pm on Friday 4th Oct.

Check in after 4 pm on Tuesday, each room is en-suite, and the investment for full board is € 350. 00

To reserve a place, please contact Breda Costello, 34 Melitta Park, Kildare Town, R51YV48, Co. Kildare or email - breda.costello@icloud.com or ring Breda at 087-6128253

Please give Breda your name, postal address, email address if available, telephone number, and a deposit of € 50 by cheque, bankers order or postal order made out to The Oremus Trust

If you have special dietary requirements please inform Breda when booking.

Ballyvalloo Retreat Centre is 14 km north of Wexford town, and the postal code for Google Earth is Y21X392

Ballyvalloo Retreat centre will not accept cancellations after the 28th of Sept, 2 days before the retreat

Please bring walking shoes to enjoy the beach, and swimming gear for refreshing swims!

MINDFULNESS, MEDITATION AND SPIRITUAL AWARENESS

We invite you to journey with us, through silence, listening and through sharing

Every Thursday evening at 8 pm in Resurrexit.

All are welcome.

For further information please ring **Tony at 087-256 2172**

Spring/Summer PROGRAMME AT A GLANCE

Healing Service	In Resurrexit	Mon 15th January, 8pm
Healing mind body soul - Paul Bradley	In Resurrexit	Sat 27th Jan, 10am to 4pm
Noirin Ni Riain	Zoom only	Sat 3rd Feb, 11am to 12.30pm
Books That Inspire	Zoom only,	Fri 9th Feb, 8pm
Finding God Finding Me	Zoom only	Sat 17th Feb, 10am to 2.30pm
Healing Service		Mon 19th Feb, 8pm
Could this be the Gospel Truth	Zoom only	Fri 23 Feb, 8pm
Healing Mind Body Soul	In Resurrexit	Sat 2nd March, 10am to 4pm
Exploring The Dynamics of Depression	In Resurrexit + Zoom	Fri 8th March, 8pm
International Women's Day	In Resurrexit	Friday 8th March, 10am to 1pm
Exploring The Dynamics of Depression	In Resurrexit + Zoom	Fri 15th March, 8pm
Healing Service		Mon 18th March, 8pm
Recognising our Controlling Behaviour	In Resurrexit + Zoom	Fri 22 March, 8pm
Annual Gathering of Men	In Resurrexit + Zoom	Sat 30th March, 11am to 4.30pm
Transitions, Changes in Life	In Resurrexit + Zoom	Sat 6th April, 10am to 4pm
Seeking Stillness? Help is on the Way	Zoom only	Fri 12th April, 8pm
Healing Service		Mon 15th April, 8pm
Seeking Stillness? Help is on the Way	Zoom only	Fri 19th April, 8pm
The Power of Regrets	in Resurrexit + Zoom	Sat 27th April, 10am to 4pm
Afternoon of Praise	In Resurrexit	Sat 11th May, 2pm to 4.30pm
Healing Service		Mon 20th May, 8pm
Walking Backwards into the Future	In Ballyvalloo Retreat Centre Tue	1st Oct to Fri 4th Oct