



# *Resurrexit*

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## *Spring & Summer Programme, 2012*

*All are welcome*

**Adoration** of the Blessed Sacrament on  
Mondays, 11am to 3.30pm,  
except for Bank Holidays and during the months of July,  
August and September

**A healing service**, centred on the Mass, takes place on the  
3rd Monday of each month, except July and August.

The main celebrant will be Fr. Jack Finnegan.

**Prayer Ministry** is available in Resurrexit and **counselling** and  
**psychotherapy** can be arranged with qualified members of the  
Resurrexit Community.

For further information please ring Jerry & Mary Carbery at  
(059) 8631869 or (087) 6825407

All of these events are being hosted by the  
Resurrexit Community.

## **CENTERING PRAYER**

***as a path to deepen our relationship with God.***

Centering prayer is a silent prayer practice that can move us toward a profound relationship with the spirit of God within. It is a way of praying that opens the door to the Divine Indwelling - the ground of our being.

A group meet for Centering Prayer in Resurrexit on the 1st and 3rd Wednesday of each month. There is an open invitation to anyone who would like to join them.

***The meeting starts at 8pm with a period of quiet prayer, followed by a DVD on prayer or some other aspect of the spiritual journey - all followed by a time of sharing and a cup of tea.***

## **EXPLORING SUNDAY MASS READINGS**

***On Thursday Mornings***

This is an invitation to join with others on Thursday mornings, from 10am to 11.30am in Resurrexit, to read and discuss what you think God is saying to us, through the readings of the following Sunday's Mass.

These mornings will be facilitated by Bernie Doran, who is a member of the Resurrexit Community.

All are welcome for one or for all of the mornings which start on Thursday February 2nd through to Thursday June 28th.

***No booking necessary, just arrive.***

Donations towards the upkeep of Resurrexit welcomed..

**MINDFULNESS, MEDITATION AND CONTEMPLATION**

We invite you to an evening, facilitated by John Doherty, where he will help us to explore the three distinct, yet inter-connected areas of contemplation.

The evening will include the theory and practice of mindfulness, formal meditation and contemplation in a modern context.

John is skilled in helping people to develop these practices, and shows how they can work for personal development, for people on a spiritual journey or within a religious tradition.

**Friday 17th February at 8pm.**

Suggested donation €10

**All are welcome**

(John is giving a follow-up workshop on Sunday 28th April)

See details following

**GRIEF: AN INVITATION TO WAIT**

*Be still and wait without hope,  
For hope would be hope for the wrong thing. (T.S. Eliot)*

Men and women both grieve differently. Without grief work over an extended time, the soul remains self-enclosed, rattling around inside its own limited logic and basically disconnected from the rest of the world.

This evening session will consider the grief process, explore how men and women grieve differently, how we can help each other in the process, help us identify the unresolved hurts we still need to grieve over.

The evening will be presented in workshop format including reflection, discussion and ritual.

**The workshop will be presented by George Kearns and  
Gerry Moore from MALEs (Ireland)**

**Wednesday 22nd February at 8 pm**

**Open to everyone**

Suggested donation €10

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## **THE WISDOM PATH - PART 2**

**- Supporting Seekers -**

*"If enough of us walk the wisdom path, we will heal the world."*

Such will be the flavour of the second series of three workshops to be given by Fr. Jack Finnegan on Friday, 24th February, Friday 2nd March and Friday the 9th March at 7.45pm.

***All are welcome, no booking required.***

Donations towards overheads appreciated.

***Jack is a well know teacher of spirituality, as well as an author, psychotherapist and spiritual director.***

## **ENNEAGRAM - 1 DAY WORKSHOP**

The Enneagram is a study of the nine basic types of people. It explains why we behave the way we do and it helps us to understand ourselves and others.

The workshop will consist of presentations, questionnaires, discussions, reflective time, relaxation, fun, rituals, songs and music.

The questionnaires will provide an important gateway to identifying your own personality type on the Enneagram system.

The workshop will help you to deepen the insight of your true self as a human being and to become more aware of your false self.

Real self knowledge is the key to the mystery of your true identity.

Come to this special workshop and learn how the Enneagram can help you to deal more effectively with day to day living in 2012 and beyond.

George Kearns will lead this workshop which promises to be a truly enlightening and enjoyable experience.

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***This is an opportunity for those on a more meaningful life quest to take time out to deepen their understanding of themselves and explore important aspects of their life journey.***

***Saturday 25th of February, from 10am to 5pm. Tea/coffee provided, being your own lunch, Bar food 7 minute drive - also, cooking facilities available in Resurrexit***

Suggested donation €25

## ***SOUL HUNGER***

The great malady of the twentieth century, implicated in all our troubles and affecting us individually and socially, is “loss of soul”. When soul is neglected, it doesn’t just go away; it appears symptomatically in obsessions, addictions, violence and loss of meaning. (R.Rohr)

This is an evening workshop of reflection, discussion and ritual that will explore the “state of soul” in our culture today. What food does the soul need to live and be healthy? Does our present day culture help or hinder us? Are there changes I need to make to keep my soul healthy thereby providing me with sufficient resilience to cope with life as it presents itself today.

***The workshop will be presented by George Kearns and Gerry Moore from MALEs (Ireland)***

***Wednesday 29th February at 8 pm***

***Open to everyone***

***Suggested donation €10***

***CRADLING A NEW VISION OF CHRISTIANITY***

Fr. Jim Cogley will give three workshops based on this theme. They will take place on Friday 16th, Friday 23rd and Friday 30th March, starting at 8pm.

Jim is a Parish Priest in County Wexford. He is a psychotherapist and author of the series of books entitled “Wood You Believe”.

***All are welcome to these workshops, and there is no booking required.***

Suggested donations €10

***A DAY FOR MEN***

Our annual spiritual get-together for men will be on Easter Saturday the 7th of April from 10.30am (Coffee) for 11am - 4.30pm, and will be facilitated by

***Fr. Jack Finnegan.***

***A light lunch of soup, bread and cheese will be provided.***

***All men are welcome, no booking required.***

If you require further information, contact Jerry at (087) 6825407 or [jeremiahcarbery@gmail.com](mailto:jeremiahcarbery@gmail.com)

***Donations Welcomed***

**FALLING UPWARD**

*“A journey into the second half of our own lives awaits us all. Not everyone goes there, even though all of us get older and some of us get older than others. A ‘further journey’ is a well kept secret for some reason. Many people do not even know there is one. There are too few who are aware of it, tell us about it, or even know that it is different from the journey of the first half of life.”*

This quotation is from the first page of Fr. Richard Rohr’s book, “Falling Upwards”, which is about a spirituality for the two halves of life.

Mary Carbery, Arthur Burke and Jerry Carbery will facilitate 4 workshops, where they will invite people to explore and journey with them, through this recently published book by Fr. Rohr.

***Please book with a deposit of €15, as places are limited.***

***Dates: Fridays 13th, 20th and 27th of April and 4th May***

***Starting at 8pm***

The €15 deposit will cover the cost of the book, and the suggested donations of €10 for each evening will go towards the running costs of Resurrexit.

***Bookings to Jerry Carbery, Farmhill, Athy (087) 6825407***

**FR. KORKO MOSES S.J.**

Fr. Korko Moses S.J. is on his eight visit from India this year and will be leading a number of retreats around Ireland. His visit to Resurrexit will be for 3 days, and on the first day, Sunday the 22nd April, the theme of the workshop will be:

***“The Practice of Meditation and Awareness”***

***Time 10.30am to 4.30pm***

***All are welcome, no booking required.***

Coffee and tea provided, please bring your own lunch. Pub grub 7 minutes drive. Cooking facilities available in Resurrexit.

Suggested donation €30 - Concessions available.

As well as being a spiritual guide, Fr. Korko teaches contemplative practices of meditation and yoga, and is the founder of an Ashram inspired by Christian and Eastern spiritual traditions.

He also offers spiritual guidance at the five L'Arche communities in India.

**EVENING WORKSHOPS WITH FR. KORKO**

***On consecutive evenings Fr. Korko will facilitate 2 workshops on:***

***Addiction - Monday 23rd April***

***Trusting and Surrendering to God - Tuesday 24th April***

***Both start at 8pm.***

***All are welcome, no booking required***

Suggested donation €10 for each evening

**SPIRITUAL GUIDANCE/DIRECTION**

***During the day on the 23rd and 24th of April, Fr. Korko will be available to meet anyone for spiritual guidance/direction.***

***To book an appointment, ring Jerry at 087 6825407***

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***1 Day Workshop on***

***MINDFULNESS, MEDITATION AND CONTEMPLATION***

As in an earlier talk give on the 17th of February, John Doherty will continue to explore these three distinct, yet inter-connected areas of contemplation. This workshop will include the theory and the practice of mindfulness, formal meditation and contemplation, in a modern context.

John is skilled in helping people to develop these practices and shows how they can work for personal development, for people on a spiritual journey or within a religious tradition.

***All are welcome, no booking required.***

***Date: Saturday the 28th of April, from 10.30 to 4.30.***

Coffee and Tea provided.

Bring your own lunch, bar food 7 minutes drive.

Cooking facilities available in Resurrexit.

Suggested donations €40 - Concessions Available.

***A SATURDAY WITH FATHER DONAL DORR***

We are delighted to welcome Fr Donal back to Resurrexit, where he will facilitate a workshop on:

**God Within the World**

**God Within Each of Us**

**God Sharing Our Life**

***All are welcome, no booking required***

***Saturday the 5th of May***

Meeting for coffee at 10.30. Starting at 11 and finishing at 4.30.

Bring our own lunch, pub grub 7 minute drive and cooking facilities available in Resurrexit.

Suggested donation €30 - Concessions Available

**SPRING AND SUMMER PROGRAMME 2012**

**JANUARY**

Wednesday	4th	Centering/Contemplative Prayer .....	8pm
Monday	9th	Adoration .....	11am-3.30pm
Monday	16th	Adoration .....	11am-3.30pm
		Healing Service .....	8pm
Wednesday	18th	Centering/Contemplative Prayer .....	8pm
Monday	23rd	Adoration .....	11am-3.30pm
Monday	30th	Adoration .....	11am-3.30pm

**FEBRUARY**

Wednesday	1st	Centering/Contemplative Prayer .....	8pm
Thursday	2nd	Exploring Sunday Readings.....	10am
Monday	6th	Adoration .....	11am-3.30pm
Thursday	9th	Exploring Sunday Readings.....	10am
Monday	13th	Adoration .....	11am-3.30pm
Wednesday	15th	Centering/Contemplative Prayer .....	8pm
Thursday	16th	Exploring Sunday Readings.....	10am
Friday	17th	Mindfulness, Meditation and Contemplation.....	8pm
Monday	20th	Adoration .....	11am-3.30pm
		Healing Service .....	8pm
Wednesday	22nd	Grief: An Invitation to Wait.....	8pm
Thursday	23rd	Exploring Sunday Readings.....	10am
Friday	24th	The Wisdom Path.....	7.45pm
Saturday	25th	The Enneagram.....	10am-5pm
Monday	27th	Adoration .....	11am-3.30pm
Wednesday	29th	Soul Hunger .....	8pm

**MARCH**

Thursday	1st	Exploring Sunday Readings.....	10am
Friday	2nd	The Wisdom Path.....	7.45pm
Monday	5th	Adoration .....	11am-3.30pm
Wednesday	7th	Centering/Contemplative Prayer .....	8pm
Thursday	8th	Exploring Sunday Readings.....	8pm
Friday	9th	The Wisdom Path.....	7.45pm
Monday	12th	Adoration .....	11am-3.30pm

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Thursday	15th	Exploring Sunday Readings.....	10am
Friday	16th	Cradling A New Vision of Christianity .....	8pm
Wednesday	21st	Centering/Contemplative Prayer .....	8pm
Thursday	22nd	Exploring Sunday Readings.....	10am
Friday	23rd	Cradling A New Vision of Christianity .....	8pm
Monday	26th	Adoration .....	11am-3.30pm
Thursday	29th	Exploring Sunday Readings.....	10am
Friday	30th	Cradling a New Vision of Christianity.....	8pm

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**APRIL**

Monday	2nd	Adoration .....	11am-3.30pm
Wednesday	4th	Centering/Contemplative Prayer .....	8pm
Thursday	5th	Exploring Sunday Readings.....	10am
Saturday	7th	A Day for Men.....	10.30-4.30
Thursday	12th	Exploring Sunday Readings.....	10am
Friday	13th	Falling Upwards .....	8pm
Monday	16th	Adoration .....	11am-3.30pm
Wednesday	18th	Centering/Contemplative Prayer .....	8pm
Thursday	19th	Exploring Sunday Readings.....	10am
Friday	20th	Falling Upwards .....	8pm
Sunday	22nd	The Practice of Meditation and Awareness .....	10.30am-4.30pm
Monday	23rd	Adoration .....	11am-3.30pm
		Addiction.....	8pm
Tuesday	24th	Trusting In and Surrendering to God.....	8pm
Thursday	26th	Exploring Sunday Readings.....	10am
Friday	27th	Falling Upwards .....	8pm
Saturday	28th	Mindfulness, Meditation and Contemplation..	10.30am-4.30pm
Monday	30th	Adoration .....	11am-3.30pm

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**MAY**

Wednesday	2nd	Centering/Contemplative Prayer .....	8pm
Thursday	3rd	Exploring Sunday Readings.....	10am
Friday	4th	Falling Upwards .....	8pm
Saturday	5th	God Within the World .....	11am-4.30pm
Monday	7th	Adoration .....	11am-3.30pm
Thursday	10th	Exploring Sunday Readings.....	10am
Monday	14th	Adoration .....	11am-3.30pm

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Wednesday	16th	Centering/Contemplative Prayer .....	8pm
Thursday	17th	Exploring Sunday Readings.....	10am
Monday	21st	Adoration .....	11am-3.30pm
Thursday	24th	Exploring Sunday Readings.....	10am
Monday	28th	Adoration .....	11am-3.30pm
Thursday	31st	Exploring Sunday Readings.....	10am

**JUNE**

Wednesday	6th	Centering/Contemplative Prayer .....	8pm
Thursday	7th	Exploring Sunday Readings.....	10am
Monday	11th	Adoration .....	11am-3.30pm
Thursday	14th	Exploring Sunday Readings.....	10am
Monday	18th	Adoration .....	11am-3.30pm
Wednesday	20th	Centering/Contemplative Prayer .....	8pm
Thursday	21st	Exploring Sunday Readings.....	10am
Monday	25th	Adoration .....	11am-3.30pm
Thursday	28th	Exploring Sunday Readings.....	10am

**JULY**

Wednesday	4th	Centering/Contemplative Prayer .....	8pm
Wednesday	18th	Centering/Contemplative Prayer .....	8pm
Wednesday	1st	Centering/Contemplative Prayer .....	8pm
Wednesday	14th	Centering/Contemplative Prayer .....	8pm

***DIRECTIONS TO RESURREXIT***

From the M7 Motorway, come off at junction 10, follow the signposts for Rathangan and drive for 5½ miles before turning right at the signpost for Resurrexit; drive a further 1¼ miles and Resurrexit is signposted on the right hand side. Coming from other directions, make your way to Kilmeague Village which is 6 miles north of Naas, and at the cross roads in the centre of the village, take the south road signposted “Naas” & “Resurrexit”. Resurrexit is ½ of a mile down on the left-hand side, and is signposted.

***WEB SITE***

**We have started to build a website at  
[www.resurrexit.ie](http://www.resurrexit.ie)**